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Skin Cancer (USA Today Health Reports: Diseases & Disorders)



Synopsis

This book looks at skin cancer through case studies and examines the profile of the disease, treatment of the disease, and the latest research under way to battle this common form of cancer.

Book Information

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Customer Reviews

When many people think about major organs in the body, they seldom think about the skin, the largest of them all. The skin "weights about 9 or 10 pounds" and if it "were stretched out, it would cover 20 to 22 square feet (about 2 square meters). When people think about their hearts most of them realize that it is important to eat heart healthy meals in order to optimize the health of this major organ, yet few give a second thought to the health of their skin. Many purchase moisturizing lotions, lotions that make the skin soft and supple, but there are other protective measures we need to consider, especially when we expose our skin to the dangerous ultraviolet rays of the sun. People used to think that tanned skin was a sign of glowing good health, but in reality "tanned skin is a sign of sun damage." Alexandria, one of the many young people portrayed in this book, bluntly states that "The idea of a perfect tan means little when you're dealing with the removal of precancerous sunspots." Other portrayals discuss much more insidious growths such as the more dangerous and aggressive melanomas. In this book you will learn about the physiological functions of the skin including, but not limited to, temperature regulation, you'll learn how it "protects us from the environment," minimizes blood loss, absorbs needed medication via patches, and helps "eliminates waste products." In a nut shell, "Our skin is a highly specialized organ that constantly communicates

and interacts with the environment" in order to keep us safe. But what happens when we neglect the health of our skin and opt not to protect ourselves? Have you ever heard of the following cancers: basal cell, squamous cell, and melanoma?

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